

## **TALL FLAG 2019 SEASON**

Welcome to the 2019 season of The Awesome Original Second Time Arounders Marching Band! The big news is that we are going to Macy's in 2019! There will be two Rounder seasons in 2019. Our shorter, regular season in the spring will span mandatory practices in January and February with performances in March. The fall Macy's season will begin on September 17th in the St. Pete Coliseum with the first of the required practices. It is not required that you march the spring season to march the fall season. But the music with in the spring will be the same in the fall. So, you will be somewhat behind on the music and parade routines in the fall if you do not march in the spring. We encourage everyone to do both.

As you look forward to our first week of eight mandatory practices for the spring season, we are so glad that you are interested in this fun group! We look forward to meeting up with our returning members, and are excited about those individuals who are joining us for the first time! Below you will find information about our unit to help you prepare for this year's activities.

### **Leads' Names and Phone #/e-mail:**

Kathy Metzger (H) 727-360-3455 (C) 727-439-3877; kathymetzger@verizon.net  
Nancy Bandy (H) 727-384-2260 (C) 727-481-7861; nancyskyline115@gmail.com

### **Uniforms:**

The following outlines the uniform for the Tall Flags unit which is required.  
Rounder's Uniform Shirt– approx. \$20 available before Coliseum practices  
Navy Blue Docker-style long pants  
Plain white tennis shoes (no Color)  
White socks

For Macy's an additional uniform will be required:

The tall flags will wear the coat, gloves, hat, and the same blue pants and white shoes as above like the musicians at an approximate cost of \$110.

### **Other:**

You may wear the official "Rounders Pin" on your shirt collar (right side).

### **Equipment:**

A Practice Flag and Show Flag are provided for you to borrow. Flags must be returned to the leads at the end of season. It's your responsibility to take excellent care of flags. A damage replacement fee will need to be paid by member that does not return flags in excellent condition.

## **Tall Flags Group Requirements**

If it has been quite a while since you marched, or you have limited previous flag experience, the Tall Flags are for you! Members must be able to perform fundamental routines that are made up of basic moves but still have pizzazz. Tall Flags do not spin the flag.

**Tall Flags must display the ability to:**

- Quickly learn flag movements such as drops, presents, and horizontals
- Display proper hand placements (for both free hand and placement on pole)
- Memorize and retain routines
- Show consistent coordination skills - forward march or mark time in step to music, while accurately performing flag routine
- March at least 3 miles while maintaining good posture and exhibiting excellent showmanship